Tuesday, September 17th is National Physician Suicide Awareness Day, which shines a light on this very troubling issue. According to the Council of Residency Directors in Emergency Medicine (CORD), the risk of suicide among physicians is 2.27 times greater for women and 1.41 times greater for men than the general population. "Vision Zero" is a goal set by CORD that calls on individuals, residency programs, health care organizations, and national groups to make a commitment to break down stigma, increase awareness, open the conversation, decrease the fear of consequences, reach out to colleagues, recognize warning signs, and learn to approach colleagues who may be at risk. Let us challenge each other as individuals, communities, institutions, and organizations to make changes to reach
Last Chance - MSD Roundtable With Sen. Carper

Topic: Surprise Billing

Join your colleagues in an important roundtable discussion with Senator Tom Carper Monday, September 16th from 10:00 - 11:30 a.m., at the MSD Conference Center in Newark. In an effort to continue open dialogue with our legislators, Senator Tom Carper will join physicians to discuss surprise billing legislation and other topics of interest. We encourage all our members to pass the word to others and register themselves and a colleague to take part in this important opportunity. This event is open to non-MSD members. To register.

IMMEDIATE ACTION NEEDED!

Surprise Billing Sign-On Letter

Surprise billing legislation is pending in Congress and we need your immediate
help to reach Senator Coons and Senator Carper. The AMA has created an easy "sign-on letter" to Congress to makes your voice heard. **THIS WILL MAKE A DIFFERENCE!** [Send sign-on letter.](#)

**MSD Receives Healthy Living Week Proclamation**

*November 11-15, 2019*

The Medical Society of Delaware's School Health Subcommittee is pleased to announce Governor Carney and Lieutenant Governor Bethany Hall-Long have declared November 11-15, 2019 **Healthy Living Week.** During Healthy Living Week, MSD School Health Subcommittee physicians will travel to public middle schools across the state to discuss with 7th grade students key issues facing teens. This year's topics include physical health, nutrition, depression, sports injuries, abuse of prescription medications, e-cigarettes/vaping, social media health, and cyber safety. For more information email Antje Arnold at [antje.arnold@medsocdel.org](mailto:antje.arnold@medsocdel.org) or call 302-224-5193.
MSD Southern Geographic "Fall Fest" Event

Join Your Peers for an MSD Happy Hour

Enjoy an evening of cocktails and conversation with your friends and peers at the MSD Fall Fest Happy Hour event for our Southern Delaware members! This year's fun-filled event will be held at JD Shuckers Seafood Grill in Georgetown on Thursday, September 26th from 6:00 - 7:30 p.m. and will feature complimentary food and drink. As a bonus, bring non-member colleagues and be entered to win a $50 Amazon gift card! To register.

Do You Have an Idea for a Resolution?

Turn Your Idea into an Initiative and Make a Difference

Take your idea and turn it into a resolution. MSD is looking for health care related issues to be considered by Council at the MSD Annual Meeting on Saturday, November 23rd. Resolutions must be
submitted in writing by Friday, October 18th. This is an excellent opportunity to share your concerns with your peers and make a difference. Read instructions.

**Reserve Your Spot Now - 2019 Tilton Award Dinner**

*Nicholas J. Petrelli, MD, FACS to be Honored*

Join your friends and colleagues at the Fall event everyone will be talking about. The 2019 Tilton Award Dinner, honoring the esteemed physician Nicholas J. Petrelli, MD, FACS for medical achievement in Delaware, will be held Friday, October 4th, 6:00 - 9:00 p.m. at the Tilton Mansion, home to the University and Whist Club in Wilmington. Dr. Petrelli's unfaltering commitment to cancer prevention, treatment, and research have changed the course of cancer in Delaware. Come raise your glass and celebrate this impressive honor. Individual or table ticket sales available. For tickets.

**Screenagers: Growing Up in the Digital Age**

*The Movie Everyone is Talking About*

Mark your calendar for the FREE MSD documentary showing of Screenagers:
Growing Up in the Digital Age on Wednesday, October 16 from 5:30 - 8:30 p.m. This program, presented by the MSD School Health Subcommittee and the "It's OBVIOUS" campaign, addresses head on the most pervasive parenting issue of our time by depicting teen struggles with social media, video games, and internet addiction. Learn practical solutions for adults to help children navigate the digital world. To register. View movie trailer.

MSD Newsmaker

Michael J. Axe, MD

MSD member Michael J. Axe, MD has won the American Orthopaedic Society for Sports Medicine (AOSSM) 2019 Brady Award. The award is given to an orthopaedic surgeon who has been dedicated to excellence in sports medicine on a local level and who has shown exemplary service and dedication to sports medicine throughout the community. Dr. Axe is a member of the MSD School Health Subcommittee and hosts the cable television show Youth in Sports.

Delaware Free Flu Clinics
Important Information to Share

With the flu season quickly approaching, the Division of Public Health (DPH) is again offering FREE flu vaccines at several statewide flu clinics for those who don't have a health care provider or whose insurance does not cover flu vaccinations. The two largest clinics will be held rain or shine for anyone ages 9 and up. Attendees should wear short sleeves or loose fitting clothing for access to the upper arm. View complete list of clinics.

- New Castle County: Friday, October 4, 2019, 10:00 a.m. - 2:30 p.m. Porter State Service Center, Wilmington.

- Kent County: Tuesday, October 8, 2019 7:00 a.m. - 6:00 p.m. Delaware Department of Transportation Administrative Building, Dover.

Pending Member

Gina M. Caputo, DO
Michael J. Carunchio, MD

MSD members are afforded a 7 day review period from the date of this publication to comment regarding an applicant applying for membership. Please contact Mary LaJudice at (302) 224-5183 or Mary.LaJudice@medsocdel.org with any
"Rerum Cognoscere"

The Latin phrase *Rerum Cognoscere* translates to learn, examine, or become aware of facts or things. In this section we highlight measurable items of interest in health care from MSD, Delaware, the US, and the world.

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<th>27.5 M</th>
<th>$6 Million</th>
<th>624%</th>
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<td>Number of Americans who did not have health insurance for 2018, the first increase in a decade.</td>
<td>Approximate amount spent by New York City to deal with the measles outbreak since October 2019.</td>
<td>The percentage increase of telehealth use from 2014 to 2018.</td>
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<td>U.S. Census Bureau</td>
<td>NYC Health Department</td>
<td>FAIR Health</td>
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**Upcoming Events**

**Sept 16** - Roundtable Discussion With Senator Thomas Carper, 10:00 - 11:30 a.m., MSD Conference Center, Newark.

**Sept. 19** - REGISTRATION CLOSED: To be added to the wait list, please e-mail antje.arnold@medsocdel.org. Dr. Neal
Barnard of George Washington School of Medicine presents, "Using the Power of Nutrition for Health," hosted by MSD O.B.V.I.O.U.S. and School Health Subcommittee, 5:30 - 7:30 p.m., MSD Conference Center, Newark.

Sept. 19 - **33rd Annual Geriatric Symposium**, 7:00 a.m. - noon, John H. Ammon Medical Education Center, Christiana Hospital, Newark.

Sept. 20 - **Dr. Margaret I. Handy Annual Memorial Lectureship**, John H. Ammon Medical Education Center, Christiana Hospital, Newark.

Sept. 21 - **3rd Annual GI Symposium**, 8:00 a.m. - noon, John H. Ammon Medical Education Center, Christiana Hospital, Newark.

Sept. 21 - **8th Annual Psychiatric Society of Delaware (PSD) Symposium**, 8:00 a.m. - 2:30 p.m., MSD Conference Center, Newark.

Oct 4 - **Tilton Award Dinner** honoring Nicholas J. Petrelli, MD, FACS, 6:00 - 9:00 p.m., University & Whist Club, Wilmington.

Oct. 8 - **26th Annual E. G. Scott Microbiology Symposium**, 7:00 a.m. - 4:00 p.m., John H. Ammon Medical Education Center, Christiana Hospital, Newark.

Oct. 16 - **Screenagers Film Premiere**, Presented by the MSD School Health Committee, 5:30 - 8:30 p.m., MSD Conference Center, Newark.

Oct. 11 - **Dementia Care 2019: Medical and Physiological Challenges in the Care of People with Dementia**, 8:00 a.m. - 12:00 p.m., Rehoboth Country Club, Rehoboth Beach.


Oct. 26 - **12th Annual Delaware Orthopaedic Symposium**, 7:30 a.m. - 12:30 p.m., John H. Ammon Medical Education Center, Christiana Hospital, Newark.

Nov. 23 - **SAVE THE DATE** -

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Was the information in this newsletter useful? If so, forward to a friend to let them know the value of your Medical Society of Delaware membership.

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